

MEDICAL EXAMINATION FORM

To Be Completed By a Medical Doctor or His Designee and Returned to the School.
This form must be received and cleared by the school nurse for the student to be eligible to practice and play.

NAME _____ DATE OF BIRTH _____

GENERAL EXAM

	Normal	Abnormal Findings
APPEARANCE		
SKIN		
HEENT		
RESPIRATORY		
CARDIOVASCULAR		
	Arrhythmia	
	Murmur	
ABDOMEN		
SPINE		
NEUROLOGICAL		
GENITALIA (hernia)		
PHYSICAL MATURITY (TANNER STAGE) 1 2 3 4 5		

HEIGHT _____ WEIGHT _____
 BLOOD PRESSURE _____ PULSE _____
 HCT/HGB _____
 URINALYSIS _____ Protein _____ Blood _____ Glucose _____
 VISUAL ACUITY _____ RIGHT _____ LEFT _____
 CORRECTED TO _____ RIGHT _____ LEFT _____
 HEARING _____

BODY FAT (Optional) = _____ %
 CHOLESTEROL (Optional) = _____

LAST TETANUS BOOSTER Date: _____
 LAST MEASLES (MMR) BOOSTER Date: _____
 OTHER IMMUNIZATIONS Date: _____

SUMMARY:

ORTHOPEDIC EXAM MUSCULOSKELETAL EVALUATION TO INCLUDE RANGE OF MOTION, STRENGTH, FLEXIBILITY

	Normal	Abnormal Findings
NECK		
SPINE		
SHOULDERS		
ARMS/HANDS		
HIPS		
THIGHS		
KNEES		
ANKLES		
FEET		

RECOMMENDATIONS

WEIGHT LOSS/GAIN _____ MEDICATIONS _____
 STRENGTHENING _____ SPECIAL EQUIPMENT _____
 STRETCHING _____ BRACING/TAPING _____
 CONDITIONING (Endurance) _____

I certify that on this date I have examined this student and that, on the basis of the examination requested by the school authorities and the student's medical history as furnished to me, I have found no reason which would make it medically inadvisable for this student to compete in supervised athletic activities except those listed below:

 M.D.
 SIGNATURE OF MEDICAL DOCTOR _____ DATE _____ TELEPHONE _____ MEDICAL DOCTOR _____
 (PRINT/STAMP)

This form was developed and approved by: Connecticut Chapter, Committee on Sports Medicine – American Academy of Pediatrics
 Connecticut Chapter, Committee on School Health – American Academy of Pediatrics
 The Connecticut State Medical Society Committee on the Medical Aspects of Sports

_____ Parent/Guardian _____ Student

This form must be returned to the coach before the athlete can practice or play.