

PARENT/GUARDIAN AGREEMENT REGARDING THE USE OF PERFORMANCE ENHANCING DRUGS

We the parent(s)/guardian(s) of _____
have read the Norwalk Public Schools Policy on anabolic steroids and the CIAC rules regarding performance enhancing drugs (pages 43 - 46). We understand the policy and rules and agree to abide by the terms as outlined.

Parent/Guardian Signature

Parent/Guardian Signature

Date

ATHLETE PLEDGE REGARDING THE USE OF PERFORMANCE ENHANCING DRUGS

I _____ pledge to my coach to abstain from any anabolic steroids and other controlled substances (hormones and analogues, diuretics, and other performance enhancing substances), except as specifically prescribed by physicians for therapeutic purposes.

I realize that if I choose to break this pledge I am responsible for the consequences my action brings.

I also realize there are health consequences involved in the use of anabolic steroids that can be serious and sometimes fatal. Users may suffer chronic illnesses such as heart disease, liver ailments, urinary tract problems, sexual dysfunction, baldness, acne, and alterations in appearance. Life expectancy may be significantly shortened. Furthermore, use of anabolic steroids is illegal.

In addition, I have read and understand the Norwalk Public Schools policy and the CIAC rules (pages 43 - 46). I agree to abide by the terms as outlined.

Athlete Signature

Date

This form must be returned to the coach before the athlete can practice or play.